

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Phogole Mmapekwe  
Johannes**

Has successfully participated & completed the  
**48km SA Run 4 Cancer Ultra Marathon 2019**  
held at Polokwane Rugby Fields.

**TIME 04:48:15**

**PACE 06:00/km**

**GENDER 139 of  
366**

**OVERALL 156 of 421**

**50+ 11 of 56**

26 October 2019, Sat

Date



*BoutTime*

Signature

